

HOW TO TRAVEL IN JAPAN WITHOUT SPEAKING JAPANESE

Guide & Workbook



WORKBOOK

By Rob Dyer
TheRealJapan.com

How To Travel in Japan Without Speaking Japanese

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Updated Second Edition
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Brief extracts may be quoted in reviews.

This workbook is sold only with the audiobook edition of *How To Travel In Japan Without Speaking Japanese* and may not be sold separately.

How To Use This Workbook

This workbook has been designed to be both printed out and used digitally.

If you print it out, I recommend printing it double-sided (on both sides) and stapling it so you can use it like a regular printed book. (If you do I'd love it if you Tweeted a photo of your copy using the hashtag #TheRealJapan.)

If you prefer to use it digitally - as a PDF - that's cool too, as it has been designed to be editable on screen, so you can complete the various exercises included throughout. To do this in Adobe Reader go to the Tools menu and then select the 'Fill & Sign' feature to edit the boxes.

EXERCISE 1 - What Do You Want From Your Trip?

Start by writing down (in the box below) what you want from your trip in Japan. We'll come back to this. It will help you determine what language challenges you might face and how you can overcome them.

- List the islands you want to explore (there are over 6,800 of them!).
- List the kinds of places you want to visit (cities, countryside, shrines, gardens, castles, etc).
- List the sort of activities you'd like to do (sightseeing, hiking, shopping, festivals, sporting events, etc.)

(Use the 'Fill & Sign' feature from the Tools menu in Adobe Reader to edit these boxes):

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EXERCISE 4 - Language Solutions List

In the left hand column write down the situations where you think you might run into a language barrier, and then in the right hand column write down possible solutions to each situation (eg smartphone app, phrasebook, map, official tourist information in English, etc.):

(Use the 'Fill & Sign' feature from the Tools menu in Adobe Reader to edit these boxes):

TRAVEL SITUATION:	LANGUAGE SOLUTION:

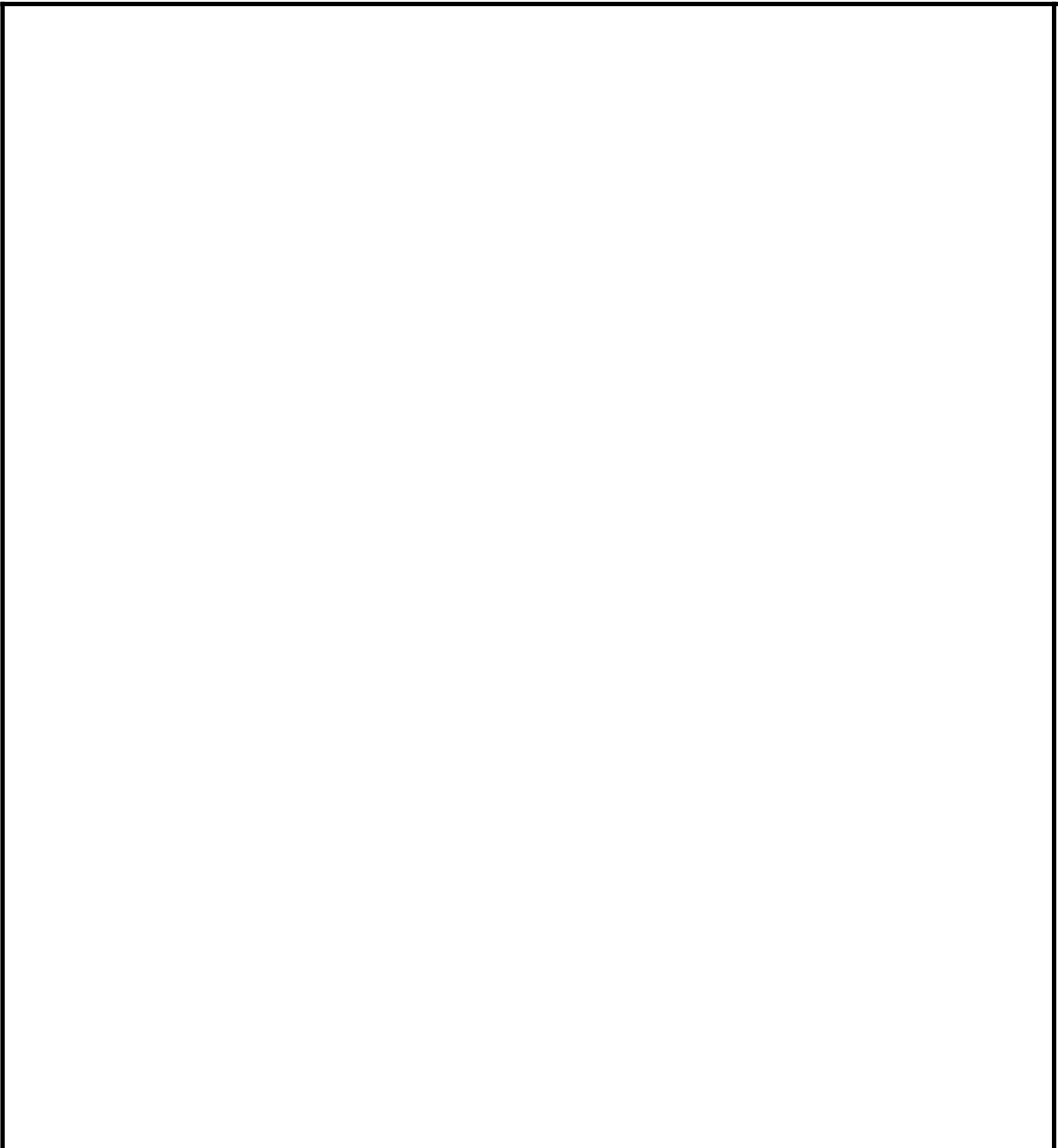
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EXERCISE 5 - Your Resources

Referring back to the trip outline you completed at the start of this book, your answers to the three subsequent exercises; and using the information, advice and links included in this book, you can now list all the resources you have to help you travel in Japan without speaking Japanese.

Found additional resources you wanna keep a record of? Cool! Add them here too.

(Use the 'Fill & Sign' feature from the Tools menu in Adobe Reader to edit these boxes):

A large, empty rectangular box with a black border, intended for the user to list additional resources for their trip to Japan. The box is currently blank.

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Resources

This reference section includes a complete list of all the resources mentioned in this book - and more.

[Berlitz](#) - Berlitz Japanese Phrase Book

[Booking.com](#) - Reservations on more than 21,000 properties in Japan

[Couchsurfing](#) - in Japan

[GetYourGuide](#) - Online platform for tours, attractions and activities

[Intrepid](#) - Small Group Tours & Travel, Big Adventures

[Jalan.net](#) - Japan hotels & ryokan booking site and travel information

[Japan Automobile Federation](#) - Advice for foreigners. Includes free guide on driving in Japan

[Japan Rail Pass](#) - Official Japan Rail Pass website

<https://jisho.org/> - online dictionary with a useful handwriting input

<https://www.japan.travel/en> - Japan National Tourism Board

[JNTO FAQ](#) - JNTO Japan Travel FAQ

[JR East](#) - seat reservations in English

[Line](#) - Free calls / Messaging

[Lonely Planet Japanese Phrasebook & Dictionary](#) - Lonely Planet Phrasebook

[Mobal](#) - SIM card rental

[Pasmo](#) - PASMO top-up travel card

[Rakuten Travel Experiences](#) - Book a trip you'll never forget

[Skype](#) - Free calls / Messaging

[Skyscanner](#) - Best flight and ticket prices

[Smart-EX](#) - purchasing tickets for the Tokaido-Sanyo Shinkansen

[Tokyo Metro Map](#) - downloadable PDF in multiple languages

[TourRadar](#) - Booking tours made easy

[Unlimited Pocket Wi-Fi Router Rental](#) - via GetYourGuide.com

[Viator](#) - Travel with an insider

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Further Reading



[5 Essential Things You Need Before You Go To Japan](#)

[12 Tips & Tricks For Exploring Japan With A Baby or Toddler](#)

[38 Japan Travel Sites and Resources Every Traveller Should Know](#)

[Driving In Japan Made Easy – A Beginner’s Guide](#)

[How The Japanese Anticipate Other People’s Needs](#)

[How To Plan A Trip To Japan In Just 4 Steps!](#)

[How To Travel In Japan When You Don’t Speak Japanese](#)

[Japan Rail Pass: The Ultimate Guide](#)

[Planning Travel Hub](#)

[Recommended Japan Travel Resources](#)

[Regional Japan Rail Passes: 5 Best Value Passes](#)

[Universal Studios Japan: The Ultimate Guide](#)



One of the major considerations with travelling in Japan is the inscrutable Japanese language.

A seemingly incomprehensible, often kaleidoscopic, barrage of cryptic symbols awaits the foreign traveller who doesn't speak or read the language.

But, really, just how difficult is it to travel around Japan when you don't speak the lingo?

Well, it probably isn't as big an issue or potential problem as you might fear.

**Don't speak Japanese?
Want to know how to explore Japan with the minimum of language headaches?**

Then you're in the right place!



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